

March 2013



**iowacollaboration  
foryouthdevelopment**

## Mark Your Calendar

### Women's History Month

Month of March!

### AmeriCorps Week!

**March 9th-17th,**

[www.americorpsweek.gov](http://www.americorpsweek.gov)

### Capitol Girls

**March 20th,**

**7:30AM-3:30PM**

**State Capitol,**

**Des Moines**

High school girls from across Iowa will convene in Des Moines to learn about the workings of the Iowa General Assembly, have an opportunity to shadow women in the legislature, and see up close how state laws and budgets are developed and passed.

For more information, email:  
[Michelle.rubin@iowa.gov](mailto:Michelle.rubin@iowa.gov)

### Write Women Back

#### Into History

**March 14th**

**1:00PM**

#### **State Historical Building**

Celebration of Write Women Back Into History Essay Contest winners featuring the Governor and Lt. Gov.

For more information:  
[woman@iowa.gov](mailto:woman@iowa.gov)

### 8th Annual Iowa Governor's LGBTQ Youth Conference

#### Event on April 3rd

**7:30AM-4:30PM**

**Prairie Meadows**

**Conference Center**

**Altoona, IA**

You can register by going to

[www.regonline.com/GovConf](http://www.regonline.com/GovConf)

\*Want your event in the next newsletter? Contact [jayci.adams-nordstrom@iowa.gov](mailto:jayci.adams-nordstrom@iowa.gov) with the date, location, and a brief description.

# ICYD INSIDER

## Youth Development News

### Global Youth Service Day!

Global youth service day is coming up, April 26-28, and many youth around the globe are starting to plan! Visit [www.gysd.org/project\\_ideas](http://www.gysd.org/project_ideas) to help get great ideas, or choose a project of your own! There are over 25 states with projects registered, and over 20 countries. You can also access a toolkit to help young people develop their own service projects from creation to completion by clicking here: [YOUth Changing the World Toolkit](#) Help build this youth service day into something unforgettable!

For more information and resources visit:

[www.gysd.org](http://www.gysd.org)

### National Nutrition Month!

This month is national nutrition month. For the Xpert opinion, cool treats, dining decisions, fueling up for fun, and power packing, visit: <http://www.cdc.gov/bam/nutrition/index.html>. At this interactive site you will find games, recipes, and tips from professionals on nutrition. Parents and professionals can also utilize this link [CLICK HERE](#) to become educated on what national nutrition month is all about and to receive resources to get youth talking about their health.

### Workshops, workshops, workshops!

The following is a list of workshops going on throughout the state over the next month!

WHO: Community! Youth Concepts

WHAT: During this session, we will review the types of sensitive questions youth ask, discuss strategies for responding, and practice role-playing in a values-neutral method.

WHEN: March 9th, 10:00AM-NOON

WHERE: Community! Youth Concepts

To register click [HERE](#)

WHO: Partnership for Families and Children

WHAT: Professional development series. Registration is now open.. Choose individual workshops, or sign up for an entire track. Includes non-profit, program evaluation, and school based workshops.

WHEN: March through April

WHERE: Online

To register click [HERE](#)

WHO: Deaf Action Center

WHAT: Sign Language Classes

WHEN: March-April

WHERE: 2525 East Euclid Ave, Suite #100  
Des Moines, Iowa 50317

To register click [HERE](#)

*\*To submit an article or resource, email [jayci.adams-nordstrom@iowa.gov](mailto:jayci.adams-nordstrom@iowa.gov) with an internet link and description.*

## State of Iowa Youth Advisory Council Update

The State of Iowa Youth Advisory Council met on February 18, 2013 in Des Moines. The council welcomed visitors from the International Visitor leadership program, which was a great opportunity both for them to see what it looks like to have student leaders as well as for us to learn more about how government works in other countries. We then started discussing what positions we were going to support and advocate for when we went to the Capitol later that afternoon. Four position statements were passed which included issues on; 1) requiring anyone under the age of 18 to wear a helmet when they are riding a motorcycle, 2) cyber-bullying and how it is dealt with and the definition of bullying, 3) youthful offender status and 4) background checks for school employees. We also got ready for SIYAC's presentation at the Risky Business conference in April. After a recess for lunch we moved to the Capitol and began preparations for our ice cream social. Some members met with legislators upstairs while other members stayed downstairs to discuss bills and explain SIYAC to legislators who came by for ice cream. As a council we believe that the day was a success and that valuable connections were made.

~Submitted by Natalie Te Grootenhuys, Public Relations Chair

You can learn more about SIYAC's 2013 committees and their work with community partners by [clicking here](#).

<http://www.icyd.iowa.gov/>

