

# Resources for Educators, Youth Leaders, and Youth Development Professionals

Publications Recognized and Used by the Iowa Coalition Against Sexual Abuse	Website
<i>Bully Proof</i> — approved, 4th and 5th grades.	<a href="http://www.wcwonline.org/title42.html">http://www.wcwonline.org/title42.html</a>
<i>Quit it</i> — approved, K through 3rd grades.	<a href="http://www.efastcom.com/NEABookstore/control/productdetails?&amp;item_id=1881800">http://www.efastcom.com/NEABookstore/control/productdetails?&amp;item_id=1881800</a>
<i>Flirting or Hurting</i> — approved, 6th through 12th grades.	<a href="http://www.wgby.org/edu/flirt/fhmain.html">http://www.wgby.org/edu/flirt/fhmain.html</a>
<i>Gender Violence Gender Justice</i> — approved, 7th through 12th grades.	<a href="http://www.wcwonline.org/title_282.html">http://www.wcwonline.org/title_282.html</a>
<i>Expect Respect</i> — approved, 7th through 12th grades.	<a href="http://www.expect-respect.org.nz">http://www.expect-respect.org.nz</a>

The following information was taken from *Bully Free Schools Manual: Preventing Bullying and Harassment — A Support Manual for Iowa’s Sample District Harassment and Bullying Policy*. Contact the Iowa Department of Education to receive a copy of this manual.

BULLYING PREVENTION	Websites
The Health Resources and Service Administration (HRSA) sponsors a national campaign providing evidence-based information to students, parents, and school staff called <i>Take a Stand, Lend a Hand, Stop Bullying Now!</i>	<a href="http://stopbullyingnow.hrsa.gov">http://stopbullyingnow.hrsa.gov</a>
The Committee for Children provides a wealth of information on bullying and bullying prevention on their website, including programs, research, training opportunities, and helpful links.	<a href="http://www.cfchildren.org/bully.html">http://www.cfchildren.org/bully.html</a>

## Preventing Child and Youth Sexual Harassment, Abuse, and Assault

A Resource for  
Iowa’s Families



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BULLYING PREVENTION cont.	Websites
Bullying Online is a UK website with especially useful information on what parents can do. Although some of the information is geared towards British schools, the general approach recommended is equally useful for American users.	<a href="http://www.bullying.co.uk">http://www.bullying.co.uk</a>
The Safe and Responsive Schools websites provide listings of resources and web links on bullying prevention and other topics related to school violence prevention.	<a href="http://www.indiana.edu/~safeschl/resources_bullying.html">http://www.indiana.edu/~safeschl/resources_bullying.html</a> <a href="http://www.unl.edu/srs/links.html">http://www.unl.edu/srs/links.html</a>

BULLYING PREVENTION PROGRAMS	Websites
<b>Blueprint for Violence Prevention: Book Nine. Bullying Prevention Program</b> describes a comprehensive bullying prevention program, gives empirical evidence on its effectiveness, provides timelines for implementation and includes program evaluation procedures. <b>Author(s):</b> Olweus, D. & Limber, S.	Center for the Study and Prevention of Violence University of Colorado at Boulder IBS #10 Campus Box 439 Boulder, CO 80309-0439 Fax: (303) 443-3297 <a href="http://www.colorado.edu/cspv/blueprints/model/programs/BPP.html">http://www.colorado.edu/cspv/blueprints/model/programs/BPP.html</a>
<b>Steps to Respect: A Bullying Prevention Program</b> is a school-wide approach to create a safe and respectful school climate that addresses bullying, providing step-by-guidance, implementation, and assessment tools, adult trainings, and student lessons. <b>Author(s):</b> Committee for Children	Committee for Children website: <a href="http://www.cfchildren.org/strf/str/strindex/">http://www.cfchildren.org/strf/str/strindex/</a>  Phone: 800-634-4449 Ext. 6223
<b>Bullyproof: A Teachers Guide on Teasing and Bullying for Use with Fourth and Fifth Grade Students</b> contains eleven sequential lessons. Class discussions; role plays, case studies, writing exercise, reading assignments, art activities, and nightly homework, combine to give students the opportunity to explore and determine the fine distinctions between “teasing” and “bullying.” <b>Author(s):</b> Sjostrom, L. & Stein, N.D.	Wellesley Centers for Women Wellesley College 106 Central Street Wellesley, MA 02481 (781) 283-2500 Fax: (781) 283-2504 <a href="http://www.wcwonline.org/title42.html">http://www.wcwonline.org/title42.html</a>

BULLYING PREVENTION PROGRAMS	Websites
<p><b>The Bully Prevention Handbook: A Guide for Principals, Teachers, and Counselors</b> describes a specific bullying prevention program in detail, as well as provides instructions, materials, evaluation tools, and checklists.  <b>Author(s):</b> Hoover, J.H. &amp; Oliver, R.</p>	<p>National Educational Service  Bloomington, IN 47404  (888) 763-9045 <i>or</i>  (812) 336-7700  Fax: (812) 336-7790</p>
<p><b>Bully Proofing Your School: A Comprehensive Approach for Elementary Schools</b> describes a comprehensive prevention program designed to stop bullying among elementary school students. It outlines staff training and classroom interventions.  <b>Author(s):</b> Garrity, C., Jens, K., Porter, W. Sager, N., Short-Camilli, C.</p>	<p>Sopris West  4093 Specialty Place  Longmont, CO 80504  Phone: (303) 651-2829  Fax: (303) 776-5934</p>
<p><b>No Bullying</b> is a program geared at teaching elementary and middle school students and staff how to appropriately deal with aggressive students who do not play fair.  <b>Author(s):</b> Beverly Title &amp; Lana S. Leonard</p>	<p>Teaching Peace  P.O. Box 412  Hygiene, CO 80533  <a href="mailto:info@teachingpeace.org">info@teachingpeace.org</a></p>

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RESOURCES ON HARASSMENT	Websites
U.S. Department of Education Office for Civil Rights. The Office for Civil Rights enforces several federal civil rights laws that prohibit discrimination in programs or activities that receive federal financial assistance from the Department of Education.	<i>Sexual Harassment Resources:</i> <a href="http://www.ed.gov/about/offices/list/ocr/sexharassresources.html">http://www.ed.gov/about/offices/list/ocr/sexharassresources.html</a>
Iowa Civil Rights Commission. The Iowa Civil Rights Commission enforces civil rights compliance in the State of Iowa through compliance, mediation, advocacy, and education.	<a href="http://www.state.ia.us/government/crc">http://www.state.ia.us/government/crc</a>

*For additional support and/or information, contact your local Area Education Agency. Each agency has personnel trained in effective bullying-prevention programs and can provide guidance on the use of the anti-bullying manual mentioned above.*

For more information on sexual violence go to:

**[www.icyd.org](http://www.icyd.org)**