

# Resources for Families with Middle School-Aged Youth

(Ages 11-13)

Resource	Contact Information
<b><i>How to Protect Your Child from Child Abuse:</i></b> An insert in each Cub and Boy Scouts of America Handbook and <i>Time to Tell</i> (video) For Boys with Adult Leader Youth Protection Training available online.	<a href="http://www.BSA-IA.org">www.BSA-IA.org</a> 515-266-2135 800-999-SCOUT
<b><i>Cadette Girl Scout Handbook</i></b> from Girl Scouts of America: Also, <i>Staying Safe for girls</i> (on line) and <i>Studio 2B: Taking Charge</i>	<a href="http://www.GirlScouts.org">www.GirlScouts.org</a> or contact your local council
<b><i>Harassment Free Hallways: How to Stop Sexual Harassment in Schools:</i></b> A Guide for Students, Parents, and Schools from the American Association of University Women Educational Foundation.	<a href="http://www.aauw.org/ef/harass/index.cfm">http://www.aauw.org/ef/harass/index.cfm</a>
<b><i>American School Counselor Association:</i></b> (ASCA) is a worldwide nonprofit organization that supports school counselors' efforts to help students focus on academic, personal /social and career development so they achieve success in school and are prepared to lead fulfilling lives as responsible member of society. This site contains information specifically directed towards parents and the general public.	<a href="http://www.schoolcounselor.org">www.schoolcounselor.org</a> and click on Public and Parents and then on "Articles for Parents" to reach the following site: <a href="http://www.schoolcounselor.org/content.asp?pl=327&amp;sl=130&amp;contentid=130">http://www.schoolcounselor.org/content.asp?pl=327&amp;sl=130&amp;contentid=130</a>
<b><i>Stay Safe Online:</i></b> Offers information for kids, teens, parents, and teachers on cyber bullying and other safety issues.	<a href="http://www.siecus.org/pubs/families/FAT_newsletter_V3N3.pdf">www.siecus.org/pubs/families/FAT_newsletter_V3N3.pdf</a>
<b><i>Safe Schools and Healthy Students Initiative:</i></b> This government site provides various youth and school violence prevention resources.	<a href="http://www.sshs.samhsa.gov/initiative/resources.aspx">www.sshs.samhsa.gov/initiative/resources.aspx</a>

## Preventing Child and Youth Sexual Harassment, Abuse, and Assault

A Resource for Iowa's Families



# Preventing Child and Youth Sexual Harassment, Abuse, and Assault

## A Resource for Iowa's Families

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<p><i>Families are Talking:</i> A newsletter that provides tips to help parents and caregivers talk with their children about sexual abuse, sexual harassment, and sexual assault.</p>	<p><a href="http://www.siecus.org/pubs/families/FAT%20Newsletter%20V3N3.pdf">www.siecus.org/pubs/families/FAT Newsletter V3N3.pdf</a> For additional newsletters and resources: <a href="http://www.siecus.org/pubs/pubs0004.html">http://www.siecus.org/pubs/pubs0004.html</a></p>
<p><i>Stop It Now!</i> has a six-step “Family Safety Plan” to help families identify their support network and create an environment to keep children safe from sexual abuse. Developmentally appropriate sexual behavior in children is described. The website describes warning signs for adults who may suspect a child has been sexually abused, and also lists signs to watch for in other adults who may be abusing children.</p>	<p><a href="http://www.stopitnow.org">http://www.stopitnow.org</a> Stop It Now! has a help-line available (1-888-PREVENT) for individuals and families to call for support and access to resources in a confidential setting.</p>
<p><i>Keeping Children Safe from Abuse: Tips for Parents and Caregivers,</i> provides guidelines for opening discussions with children on topics from personal/body safety, to sexual abuse, to date rape. It also includes several school-based curricula options for preventing bullying and sexual violence.</p>	<p><a href="http://www.cfchildren.org/parents/parentindex/">http://www.cfchildren.org/parents/parentindex/</a> The website provides several parent resources, including a series of articles.</p>

For more information on sexual violence go to:

**[www.icyd.org](http://www.icyd.org)**