

# Resources for Families with Elementary-Aged Children

(Ages 5-10)

Resource	Contact Information
<b><i>How to Protect Your Child from Child Abuse:</i></b> An insert in each Cub and Boy Scouts of America Handbook and <i>It Happened to Me</i> (DVD) and the Adult Leader Youth Protection Training available online.	<a href="http://www.BSA-IA.org">www.BSA-IA.org</a> 515-266-2135 800-999-SCOUT
<b><i>No Way, Don't Go There, &amp; I Don't Think So:</i></b> Books about staying safe from Girl Scouts of America.	<a href="http://www.GirlScouts.org">www.GirlScouts.org</a> or contact your local council
<b><i>Safe Schools and Healthy Students Initiative:</i></b> This government site provides various youth and school violence prevention resources.	<a href="http://www.sshs.samhsa.gov/initiative/resources.aspx">www.sshs.samhsa.gov/initiative/resources.aspx</a>
<b><i>Pacer Center's Kids Against Bullying:</i></b> This website provides children in 2nd through 6th grades a safe, entertaining way to learn how to respond to bullying. The site includes a cast of animated characters, celebrity videos, kid videos, Webisodes, games, contests, stories, etc.	<a href="http://www.pacerkidsagainstbullying.org">www.pacerkidsagainstbullying.org</a>
<b><i>Families are Talking:</i></b> A newsletter that provides tips to help parents and caregivers talk with their children about sexual abuse, sexual harassment, and sexual assault.	<a href="http://www.siecus.org/pubs/families/FAT_Newsletter_V3N3.pdf">www.siecus.org/pubs/families/FAT Newsletter V3N3.pdf</a> Additional newsletters and resources: <a href="http://www.siecus.org/pubs/pubs0004.html">http://www.siecus.org/pubs/pubs0004.html</a>
<b><i>7 Steps to Protecting Our Children:</i></b> A guide for parents and caregivers to use to protect their children as well as prepare their children to protect themselves from child sexual abuse.	<a href="http://www.d21.org">http://www.d21.org</a> (use a small "L," not a "one" in the web address).

## Preventing Child and Youth Sexual Harassment, Abuse, and Assault

A Resource for Iowa's Families



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<p><i>Stop It Now!</i> has a six-step “Family Safety Plan” to help families identify their support network and create an environment to keep children safe from sexual abuse. Developmentally appropriate sexual behavior in children is described. The website describes warning signs for adults who may suspect a child has been sexually abused, and also lists signs to watch for in other adults who may be abusing children.</p>	<p><a href="http://www.stopitnow.org">http://www.stopitnow.org</a></p> <p>Stop It Now! has a help-line available (1-888-PREVENT) for individuals and families to call for support and access to resources in a confidential setting.</p>
<p><i>Keeping Children Safe from Abuse: Tips for Parents and Caregivers</i>, provides guidelines for opening discussions with children on topics from personal/body safety, to sexual abuse, to date rape. It also includes several school-based curricula options for preventing bullying and sexual violence.</p>	<p><a href="http://www.cfchildren.org/parents/parentindex/">http://www.cfchildren.org/parents/parentindex/</a></p> <p>The website provides several parent resources, including a series of articles.</p>

For more information on sexual violence go to:

**[www.icyd.org](http://www.icyd.org)**